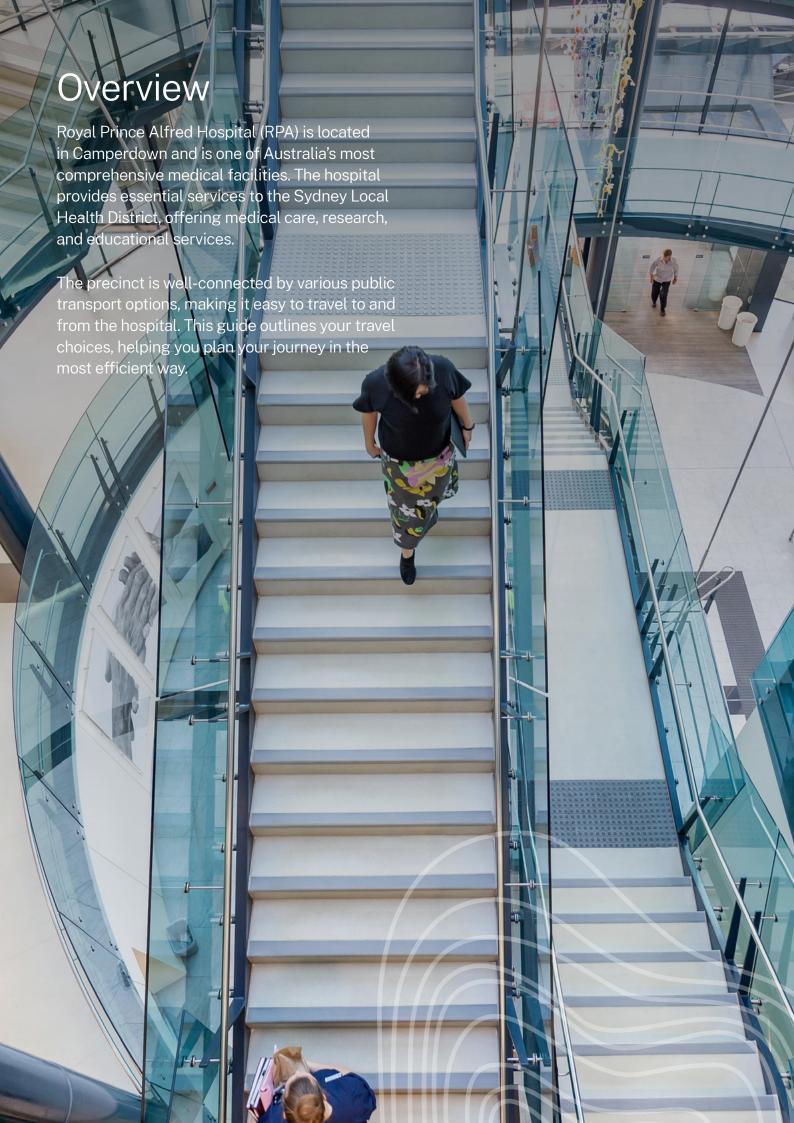




**Travel Access Guide** 





# Your Travel Choices

This Travel Access Guide highlights the various travel options, including public and active transport, for getting to and from RPA. The hospital is well-connected to Greater Sydney, and in many cases, using public or active transport to reach Camperdown is faster and more convenient than driving.



### Plan ahead

Planning ahead is key. The <u>Trip Planner</u> on <u>Transport info</u> and <u>public transport apps</u> like <u>Opal Travel</u>,
 <u>TripView</u> or <u>Citymapper</u> provide real-time service updates, detailed service information, walking and cycling distances and accessibility details.

Find a real-time <u>public transport app</u> that suits you.

Use the Trip Planner to plan your public transport journey.



# Paying for your public transport fare is easier than ever

Use an <u>Opal Card</u>, contactless card or linked device to access Opal benefits. Remember to use the same card or linked device for all your trips to access benefits.

#### Benefits include:\*

- Travel as much as you want on metro, train, bus, ferry and light rail services within the Opal network and you never pay more than:
  - \$18.70 a day (Mondays to Thursdays),
  - \$9.35 on Fridays, Saturdays, Sundays and public holidays
- Senior/Pensioner Gold Opal card never pay more than \$2.50 a day (weekdays or weekend days)
- Travel all week and pay no more than \$50 for adults,
  \$25 for concession and child/youth Opal card holders
- \$2 discount for every transfer between modes as part of one journey.
- 30% discount with weekday off-peak metro/train fares (before 6:30am, between 10:00am and 3:00pm and after 7:00pm)
- Weekly travel reward-half price travel after eight paid journeys in a week

Visit the <u>Opal</u> website to find out more about off-peak fares for Opal and contactless payments.

\*These prices are current, as at October 2024.



### Prioritise public transport

RPA is conveniently located near several public transport routes. Buses run frequently along Missenden Road and Parramatta Road, serving various areas of Sydney. The closest train station is Newtown Station (T2 Inner West Line), a 15-minute walk from the hospital. Nearby bus routes include:

- Route 412: Campsie to City via Petersham and Parramatta Road
- Route 423: Kingsgrove to City via Newtown and Missenden Road
- Route 426: Dulwich Hill to City via Enmore and Newtown
- Route 428: Canterbury to City via Newtown

Bus stops are located along Missenden Road, Parramatta Road, and King Street. Trains on the T2 Line stop at Newtown and Central Stations, with connecting bus services directly to the hospital. For the latest service updates and trip planning, use the NSW Trip Planner.



# Walk or ride your bike for all or some of your journey

- Walking or riding your bike as part of your daily commute is a great way to improve and maintain your physical health and mental well-being. The surrounding area is connected to several cycling routes, and the City of Sydney provides maps and resources to help you plan your bike trip.
- Bicycle/scooter parking racks are available near the hospital's entrances, including the main entrance on Missenden Road and at the King George V Building. Nearby shared paths include the Glebe Foreshore, which offers a scenic route for cyclists and pedestrians.
- For detailed information on cycling in the area, visit the City of Sydney's cycling webpage or download their cycling map.
- Walking or riding your bike as part of your daily commute is a great way to improve and maintain your physical health and mental well-being.

For information on suggested cycling see the Cycleway Finder App.







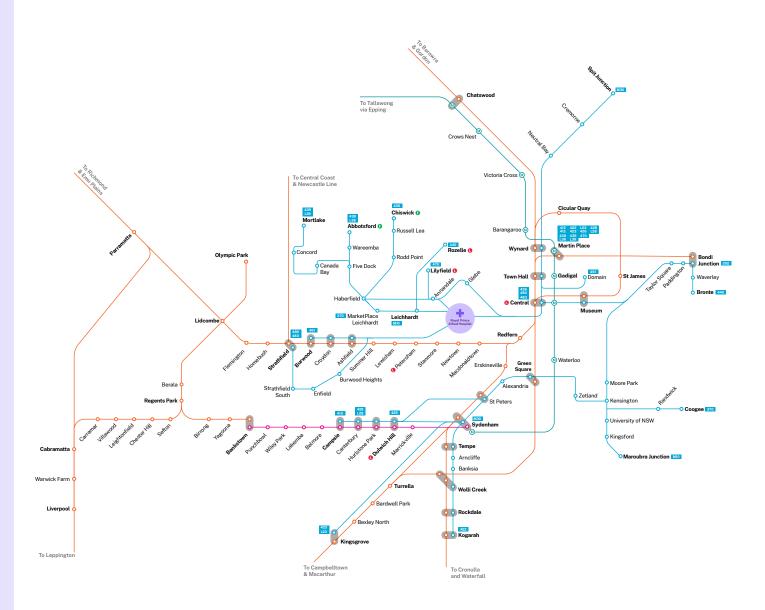






# Transport connectivity

Direct transport services to RPA. (including train, bus, light rail and ferry)











# Getting to Royal Prince Alfred Hospital via public transport

**RPA is conveniently located near major public transport hubs** and serviced by numerous bus routes, making it easy to access via public transport.

#### **Trains**

**Redfern Station** is the closest train station to RPA. located approximately 1.5km from the hospital. From Redfern, you can either walk (about 20 minutes) or catch a connecting bus to the hospital.

From Monday 30 September 2024, stations between Sydenham and Bankstown closed for 12 months to make way for Sydney Metro. Please refer to pages 6-7 for more information.

#### **Buses**

The hospital is well-serviced by buses. Many bus routes pass directly by or near the hospital:

- Routes 412, 422, 423, 426, 428 travel from the Sydney CBD (Circular Quay/Martin Place) along King Street, Newtown, stopping near RPA.
- Routes 370 and M30 provide connections to RPA from the Eastern Suburbs (Coogee) and the Inner West (Sydenham and Marrickville).
- Route 440 connects Rozelle, Lilyfield, and Bondi Junction to RPA via Parramatta Road.

# **Light Rail**

The Inner West Light Rail line is a short walk from RPA. You can alight at either Glebe or Rozelle Bay stations and walk to the hospital.

For detailed travel options and service times, use the Trip Planner at Transport for NSW.

# Find a travel planning app that works for you



### **Opal Travel**

Top up your Opal card and see your weekly travel reward information wherever you are. You can also plan a trip to and from anywhere in NSW with Opal fare estimates.



# Citymapper

This app shows your best travel options by comparing driving, walking and cycling with real-time public transport information.



### **Transport Info**

Visit Transport Info to plan your journey, find your nearest public transport connection.



# Southwest Link

From Monday 30 September 2024, stations between **Sydenham and Bankstown** closed for 12 months to make way for Sydney Metro.

# Why is the T3 Bankstown Line between Sydenham to Bankstown being upgraded?

The T3 Bankstown Line between Sydenham and Bankstown is being upgraded to metro standards to enable rapid metro passenger services from 2025. This includes station upgrades to ensure full accessibility, with lifts and level access between platforms and trains

Final upgrade work can only begin once Sydney Trains services stop running.

Sydney Metro will operate as a turn-up-and-go service, with trains running every four minutes during peak hours—that's 15 trains per hour.

# Why is the T3 Bankstown Line between Sydenham and Bankstown need to close?

The final conversion of the T3 Bankstown Line requires a shutdown of 12 months when train between Sydenham and Bankstown are replaced by a dedicated, high-frequency bus service called Southwest Link.

The 12 month closure will be used to complete the upgrade, including installing platform screen doors and testing and commissioning the line.

#### What is Southwest Link?

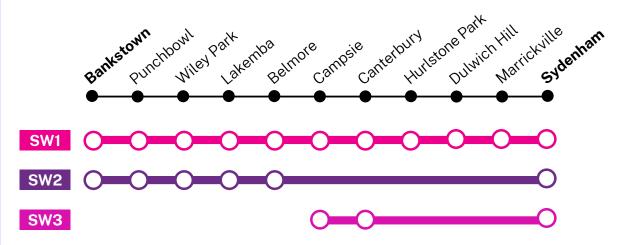
Southwest Link is a dedicated, high-frequency bus service between Sydenham and Bankstown stations – ensuring passengers can continue to travel during the final conversion period of the T3 Bankstown Line.

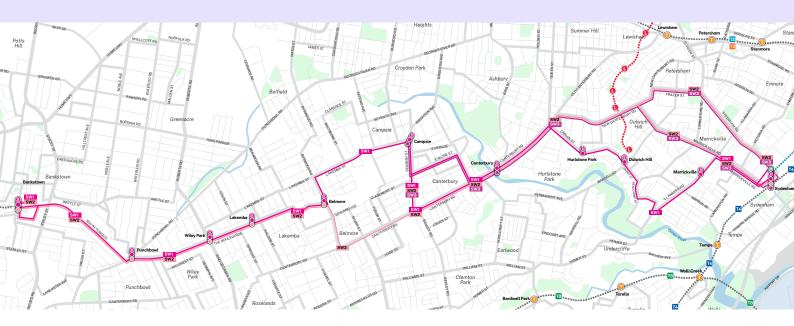
### When did Southwest Link start and how long will it operate?

Southwest Link buses started between Sydenham and Bankstown on 30 September 2024 and will operate for 12 months while line is upgraded to metro standards.

### What are the Southwest Link routes?

There are three dedicated bus routes, with frequent services every day from early in the morning until late at night. The routes are shown in the image below. Southwest Link forms part of an integrated transport plan.





# How often do the buses turn up?

Southwest Link buses will run seven days a week.



Every 2 to 4 minutes during peak periods



At least every 10 minutes across most of the day



At least every 15 minutes late at night

# How will I recognise the Southwest Link buses and find the correct route?

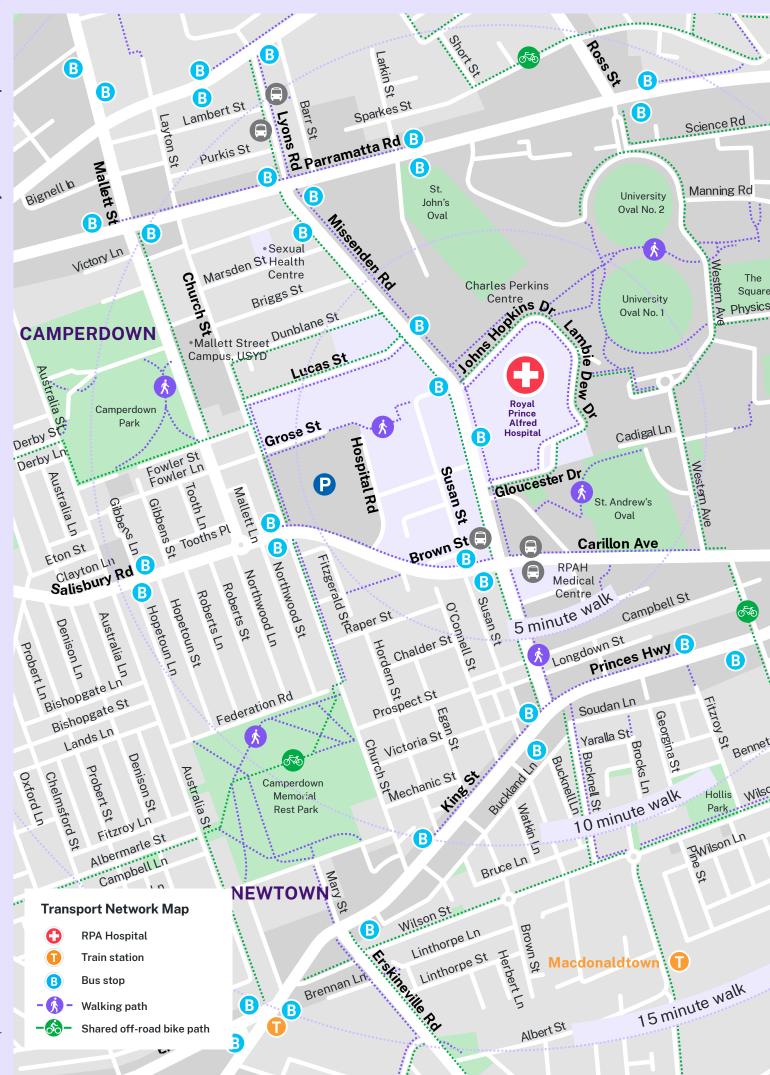
Southwest Link buses are pink with route numbers (**SW1**, **SW2**, or **SW3**) clearly shown on the front of each bus to make it easier for students and passengers to understand which bus to catch.

# How will I find my Southwest Link bus stop?

Bus stops are located at the same locations as previous train replacement buses near the train stations along the route. Simple directional signs around each station, will clearly show you how to get to the Southwest Link bus stops.

# Where are the Southwest Link bus stops located?

Southwest Link bus stops are located outside each station and will be clearly identified by signage.



# Walking and riding to RPA

Walking or riding to RPA is a healthy and environmentally friendly way to travel. The surrounding area is connected to several cycling routes, and the City of Sydney provides maps and resources to help you plan your bike trip. Bicycle racks are available near the hospital's entrances, including the main entrance on Missenden Road and at the King George V Building. Nearby shared paths include the Glebe Foreshore, which offers a scenic route for cyclists and pedestrians.

For detailed information on cycling in the area, visit the City of Sydney's cycling webpage or download their cycling map. Walking or cycling as part of your journey to RPA provides several benefits, including improved physical health, reduced stress, and reduced environmental impact. Walking or riding a bike can help you meet the recommended 30 minutes of physical activity each day, contributing to overall wellbeing. It is also an efficient way to avoid traffic congestion and parking limitations.

There are pedestrian access routes from nearby suburbs, including Newtown, Glebe, and Redfern. The Parramatta Road cycleway provides a direct cycling route to RPA. Plan your cycling route with the <u>Cycleway Finder</u> app.

# Planning your bike trip

Transport's <u>Trip Planner</u> has new options to allow you to plan your bike riding route based on your skill level and preferences in three easy steps.

- 1. Enter your starting point
- 2. Enter your destination
- 3. Choose your preferred type of trip based on your skill level or preference.

**Easier:** Ideal for new cyclists, young riders or those that would prefer an easier route by avoiding hills and busy roads where possible.

**Moderate:** Best suited to intermediate cyclists who don't mind the occasional hill and are comfortable riding on some roads.

**More direct:** For experienced cyclists who want to minimise travel time, can handle steeper hills and navigate busy roads.

# Planning a mixed mode trip

You can also use the trip planner to plan a mixed trip, using both your bike and public transport in combination.

For example, if you want to cycle for the first part of your journey from your home to a train station, then by train onto the office.

Visit <u>Trip Planner</u> now or <u>read our guide for</u> more information.

### Bike parking locations include:

Bicycle/scooter parking racks are available near the hospital's entrances, including the main entrance on Missenden Road and at the King George V Building. Nearby shared paths include the Glebe Foreshore, which offers a scenic route for cyclists and pedestrians.

# Benefits of walking and cycling include:

- Improved network outcome: Improved 'end to end' journey time and reliability whilst avoiding crowding
- Individual and community health and wellbeing outcomes: Incorporating health and fitness into the weekday schedule helps you meet the minimum thirty minutes of daily physical activity recommended in the <u>Australian Government's Physical Activity and</u> Sedentary Behaviour Guidelines.
- 3. Environmental outcomes: Economic benefits no tolls, fuel or fares for those who walk or ride.

# Hospital Precinct Map



#### Royal Prince Alfred Hospital

#### **Patient Services**

- Administration Building Main Hospital Entrance
- Albert Pavilion (A Block)
- Clinical Services Building (East Wing) Main Hospital
- Day Procedure Unit (TPU)
- Edinburgh Building (E Block West Wing) Main Hospital
- 88
- Institute of Rheumatology and Orthopaedics (IRO) Queen Elizabeth II Building
- Intensive Care Services
- 89 23 Naamuru Parent and Baby Unit
- 7
- Population Health, Drug Health and Community Services
- Professor Marie Bashir Centre
- Kidney Centre RPA / Satellite Dialysis Radiation Oncology Department
- 95 RPA Chapel
- 68 RPAH Medical Centre
- Tissue Pathology and Diagnostic Oncology

- 14 Chris O'Brien Lifehouse

#### **Hospital Administration**

King George V Building

### **Education and Research Services**

- 72 Kerry Packer Education Centre (KPEC)
- RPA Institute of Academic Surgery
- 26 16 RPA Surgical & Robotic Training Institute
- RPA Transplant Institute
- The George Institute

#### Support Services

- Capital Infrastructure & Engineering
- Security Services





# **LEGEND**

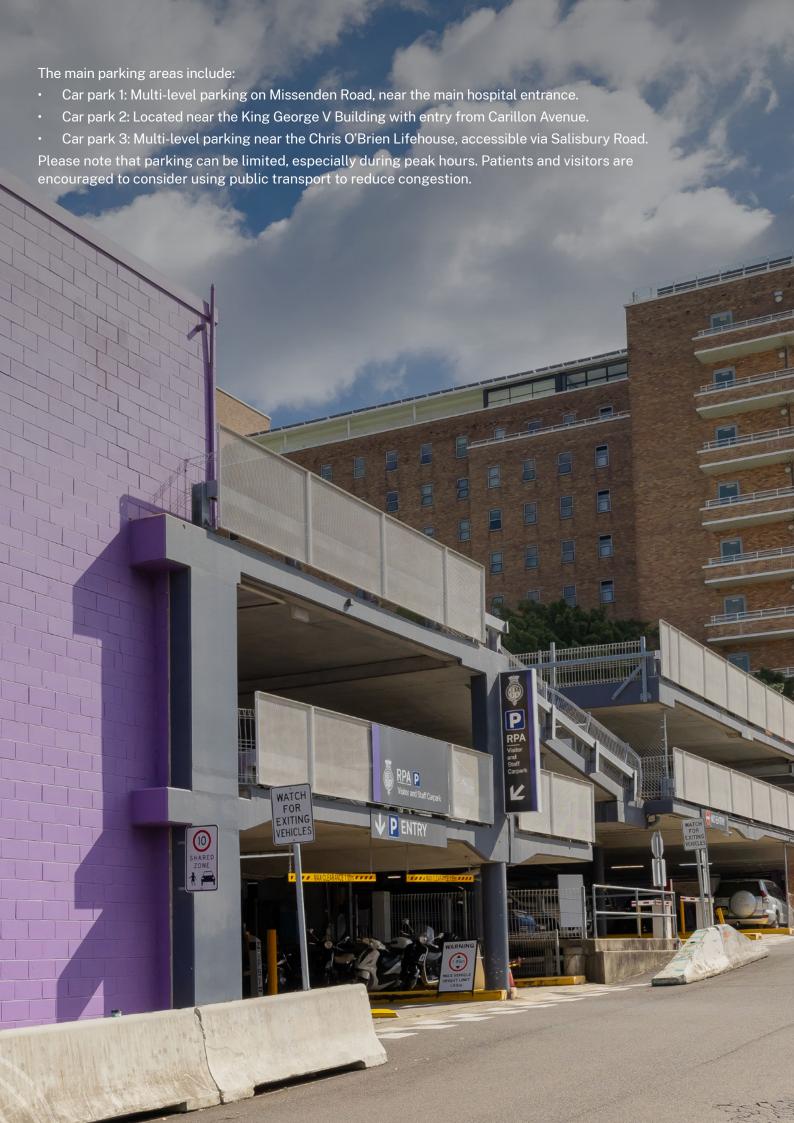


#### **INFORMATION**

- A Taxi Rank can be found on the corner of Missenden Road ar or contact Legion Cabs on 13 14 51 or 13cabs on 13 2227.

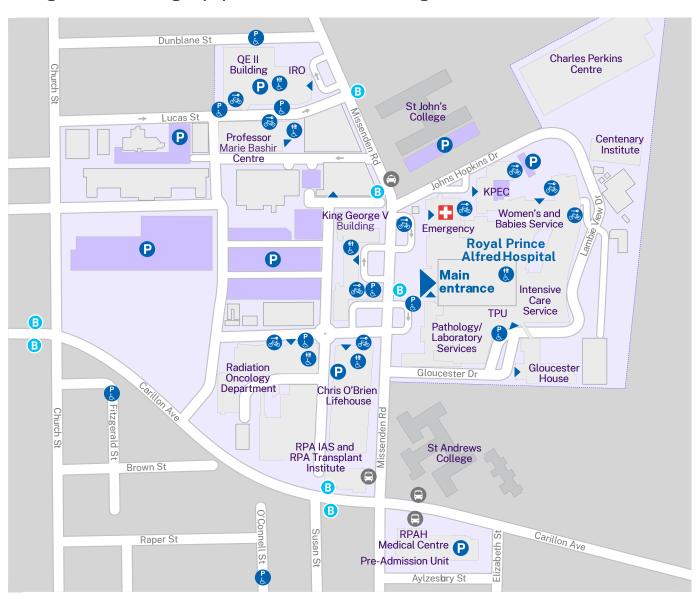


The Hospital and Grounds are Smoke Free



# Building access and facilities

**End of trip facilities** including change rooms, showers, and lockers are provided on the mezzanine level. Secure bike storage and servicing equipment is located on the ground floor.





# Local amenities and places of interest

RPA is surrounded by several convenient amenities for staff, visitors, and patients. Whether you are looking for food, beverages, or other services, the following options are within walking distance from the hospital:

# **Food and beverages**

- Atrium Espresso Café and Atrium Cafeteria: Located within the hospital grounds, offering a variety of hot meals, snacks, and drinks.
- Cafe Missenden: A short walk from the main entrance, perfect for quick takeaway meals or a sitdown coffee break.
- King Street, Newtown: Just a 10-minute walk, featuring a wide range of cafés, restaurants, and food outlets, including Thai, Italian, and vegetarian options.

# **Shopping and services**

- Camperdown Commons: A nearby community space that includes a restaurant, a garden, and family-friendly activities.
- Newtown Shopping Precinct: Located on King Street, Newtown offers an array of boutique stores, supermarkets, and services, including pharmacies and banks.
- Sydney University Campus: Just a 5-minute walk from the hospital, the campus offers cafés, a bookstore, and other amenities open to the public.

### **Gyms**

- Anytime Fitness Newtown: A 24/7 gym located on King Street.
- Camperdown Fitness: Offers group classes and state-of-the-art equipment, just a 15-minute walk from RPA.

# **Cycling maps and route planning**

Cycling Map and information on local cycling routes.

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#### For more information visit

**Transport for NSW travel planning website** Transportnsw infomacqua

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